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Golden Crest Mobile Home Park Recreation Committee - 2018 - 2019

800 Main Street • Dunedin, Florida 34698

Golden Crest Mobile Home Park Recreation Committe Members - 2017 – 2018 800 Main Street, Dunedin, Florida, 34698

President	Susan Grannell
Vice – President	Judy Squires
Secretary	Rhoda Frampton
Treasurer	Eloise Blanchard
Members	Marquis Guimond
	Jane Anne McCabe
	Sharon Ledingham

Golden Crest Chairpersons - 2018 - 2019

Bingo Coordinator Bulletin Board (Inside) Clubhouse Outdoor Sign Clubhouse Properties	Carol Aldrow Leroy Valleau Marquis Guimond
Fun & Picnic Day	
Fun Shuffleboard	Larry Peterson
Golden Crest Fun	
Games/Picnic	Art & Jean Taylor & Crew
Hall Decorations(as required)	Leroy Valleau
Library	George Bodie
New Year's Eve	Rec. Board
News Bulletin	Val & Bob Pippy
News Bulletin Distribution	Peter & Donna Brotherhood
November 11th	Rec. Board
(alternate with Golden Acres)	
Pancake Breakfast	Larry Peterson & Crew
Rummage Sale	
Shed Contents	
Water Aerobics	





GOLDEN CREST BULLETIN OCTOBER, 2018 N





Golden Crest Birthdays for October 2018:

362

431

- 1 Stanley Dixon 331
- 1 Larry Douthit 332
- 8 Dennis MacDonald 452
- 9 Jane Anne McCabe 313
- 10 JoAnne Pascoe 343
- 13 Roslyn Carlo
- 15 Arnold Aldrow 339
- 15 Marquis Guimond 414
- 17 Shirley Boudreau 398
- 19 Roy Cowdery
- 19 Blanche Stoneham 411
- 24 Janice Hellerer 335

Golden Crest Anniversaries for October 2018:

1Barry & Lynda Akins4104Randy & Shirley Boudreau3984Bill & Rita Baratta45012Marquis & Madeleine Guimond414





RECREATION COMMITTEE CALENDER OF EVENTS 2018 – 2019 GOLDEN CREST MOBILE HOME PARK

MONTH	DATE	TIME	EVENT
Oct 2018	TBA		
Nov 2018	Sat 11	10:30 - 11:00	Veterans Day at Golden Acres - baking by Golden Crest
Dec 2018	Sat 01	8:30 - 9:30	Pancake breakfast followed by Christmas decorating
	Mon 03	1:00	Recreation Committee meeting
	Thurs 13	6:00	Covered dish and Christmas caroling - Rec Comm.
	Mon 24	12:00	Luminaires set up at shed by clubhouse
Jan 2019	Sat 05	8:30 - 9:30	Pancake breakfast
	Mon 07	1:00	Recreation Committee meeting
	Fri 11	11:00 - noon	Pre-screening of rummage sale items (residents only)
	Sat 12	8:00 - 1:00	Rummage sale and bake sale
	Thurs 17	10:00	Penny auction – after coffee hour
	Thurs 24	5:30	Western chili & dance - Rec Committee, DJ – Carlo
Feb 2019	Sat 02	8:30 - 9:30	Pancake breakfast
	Mon 4	1:00	Recreation Committee meeting
	Sun 10	2:00	Homeowner's Board Election
	Thurs 14	5:30	Valentine's Potluck/Dance, DJ Ron & Classics
	Thurs 28	7:00	Razzmatazz Entertainment
Mar 2019	Sat 02	8:30 - 9:30	Pancake breakfast (final for fiscal year)
	Mon 04	1:00	Recreation Committee meeting
	Thurs 14	10:00	Recreation Committee election – after coffee
	Thurs 14	5:30	St. Patrick's Potluck/Dance, DJ – Carlo
	Sat 23	2:00	End of Season party - Recreation Committee
	Mon 25	1:00	Recreation Committee meeting (final for fiscal year)
	TBA	TBA	Fun Day - hosted by the Taylor's

A Complete Listing of Resident Services can be found on the page before your calendar



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A Change in the Waste Pickup Day for the Returning Snowbirds

The Dunedin Waste and Re-Cycle pickup is now on **Wednesday** of each week. Please ensure your waste and re-cycle bins are not placed at the curb until the night before the pickup day.

Dunedin & Golden Crest Recycle Program:

As we start another winter season at Golden Crest, a reminder for all **Full Time and Snowbirds** returning to the Park:

- Items placed in the Blue Re-cycle Bin <u>should be cleaned prior to placing in the bin</u>. A sticker on top of the re-cycle bin details what items can be re-cycled. It has been noted on numerous occasions, re-cycle items are not being rinsed prior to placing in the Blue Bin, the City of Dunedin would appreciate this being completed.

- Also remember on Wednesday, the Blue Bins are placed at the curb for pick-up, place the Blue Bin at least 5 feet from the Green Waste (Garbage) Bin. This makes it easier for the trucks to pick up the Bins.

It would be very much appreciated if the above procedures could be followed by everyone this winter. The City of Dunedin thanks you and Golden Crest Park, thanks you.





Did you know that October is also...

National Apple Month. Because apples are high in fiber and contain no sodium, cholesterol, or fat, they make a great snack. With more than 2,500 varieties grown in North America, it won't be difficult to find one you can enjoy chopped into your morning oatmeal, baked into a pie, or cored and sliced any time of the day when you want a delicious treat.



International Augmentative and Alternative Communication (AAC) Awareness Month. AAC is a set of strategies, tools, and devices used by people to overcome communication challenges. People who rely on AAC might use sign language, text, pictures, symbols, speech-generating devices or a combination of these for their basic communication. This month let's increase our awareness of the possibilities that could develop when everyone has the ability communicate effectively.

National Work and Family Month. In 2003 the U.S. government designated October as a time to promote sensible, flexible, and healthy work environments, as well as the benefits of work/life balance. Don't wait for your employer to create an initiative or perk to combat the daily grind. Take a day or more of PTO to decompress from your busy life and reconnect with your family.

Positive Attitude Month. Researchers believe people who embrace a positive outlook have less stress, an increased sense of well-being, better coping skills, and longer life spans. Purge the negativity from your life: Meditate, pray, practice positive affirmations, and surround yourself with only happy people. Do whatever you must, but always look on the bright side.

Fire Prevention Week, Oct. 7-13. This year's motto is "Look. Listen. Learn. Be aware. Fire can happen anywhere." Look for and eliminate potential fire hazards in your home. Listen for the sound of smoke alarms. Learn two ways of exiting every room in the event of an emergency. Visit the National Fire Protection Association website at https://www.nfpa.org/Public-Education/Campaigns/Fire-Prevention-Week to access more information.

Bone and Joint Action Week, Oct. 12-20. It's estimated that more than half of the U.S. population over 18 is dealing with some sort of musculoskeletal issue. This can include arthritis, osteoporosis, back pain, injuries or other conditions causing pain, disability, and a diminished quality of life. There is hope. Visit the website for the U.S. Bone and Joint Initiative at https://www.usbji.org/ to find out about research, prevention, and initiatives targeting bone and joint issues

National Taco Day, Oct. 4. Have one for breakfast, lunch, dinner, or any time of the day. We celebrate the taco on this day just to give you one more reason to enjoy them.





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Favorite places to eat, 2018 edition

hat's your favorite place to eat? The American Customer Satisfaction Index's Restaurant Report 2018 ranked consumer preferences based on such factors as food quality, food order accuracy, courtesy of servers, and food variety. The top fullservice restaurants in the United States are:

- Texas Roadhouse
- Olive Garden
- TGI Friday's
- Ruby Tuesday
- Cracker Barrel
- Outback Steakhouse
- Applebee's
- Denny's

- Longhorn Steakhouse
- Red Lobster
- Chili's

Trends in U.S. dining: Quick decisions and lots of delivery

Diners in the United States are pretty spur-of-the-moment when it comes to deciding where to go out to eat, according to a survey cited on the Fast Casual website. Eightyfive percent make their dinner decision on the day of the meal.

Delivery is a popular option among all age groups, from Baby Boomers to Generation Z (born 1995–2010 or so). Fifty-one percent in the survey said they'd gotten food delivered in the past three months, with millennials doing the most ordering—77 percent of the age group.

What are people ordering?

- Burgers (28 percent)
- Wings (27 percent)
- Mexican (21 percent)
- Barbecue (14 percent)
- Desserts (11 percent)



Anyone who considers arithmetical methods of producing random digits is, of course, in the state of sin. For, as has been pointed out several times, there is no such thing as a random number—there are only methods to produce random numbers, and a strict arithmetic procedure of course is not such a method.

—John von Neumann

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18	19	20	21	22	23	24		
25	26	27	28	29	30			
						7	8	
							Columbus Day	
						14	15	
						21	22	
						28	29	

Golden Crest

uesday	Wednesday	Thursday	Friday	Saturday		
2	3	4 9a Coffee Hour Social 9:30a Coffee Hour Mtg	5	6		
9	10	11 9a Coffee Hour Social 9:30a Coffee Hour Mtg	12	13		
16	17	18 9a Coffee Hour Social 9:30a Coffee Hour Mtg	19	20		
23	24	25 9a Coffee Hour Social 9:30a Coffee Hour Mtg	26	27		
30	31					
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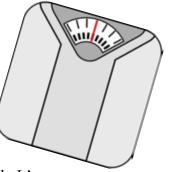


Thinking of a fast? Try these approaches

any people practice intermittent fasting—going without food for a limited period of time. Benefits include fat loss, greater longevity, and better overall health. The Medical News Today website offers these strategies for fasting:

• Twelve hours. Some researchers say that fasting for 10–16 hours can cause your body to start burning fat and turning it into energy. The easiest way to do a 12-hour fast is to start at night. Fasting from 7 p.m. to 7 a.m., for example, means you won't spend all day reminding yourself that you're not eating, so you avoid the temptation to give in when hunger pangs start to rise.

• **Two-day fast.** You don't have to go completely without food, but under this plan, men should eat only 600 calories a day and women should consume 500. Separate the days—don't go two days in a row. Instead, plan at least one non-fasting day between your efforts. Studies suggest that this can help reduce weight and also improve insulin levels.



• Every other day. Again, limit yourself to 500–600 calories per day on your fast, but eat as much as you want on non-fast days. One study found that this is effective for weight loss and heart health. It's a little extreme, though, and may not be suitable or sustainable for long periods of time.

• **Twenty-four hours.** Once a week, abstain from eating for a full 24 hours—maybe from one breakfast to the next. You can drink coffee, tea, or other calorie-free beverages during your fast. Return to your normal routine afterward. Be aware, though, that this fast can cause fatigue, headaches, and/or irritability.

• Skip a meal. This type of fast is good for beginners. Instead of fasting for long periods of time, simply skip breakfast, lunch, or dinner. Just remember to eat nutritious and healthful foods during your other meals.

It's important to stay hydrated during your fast, with lots of calorie-free drinks. Try not to obsess about food—plan distractions, like going to the movies or catching up on chores. Finally, avoid strenuous activity when you fast. Rest and relaxation will help you maintain your motivation.

Nanotubes in your clothes may power your phone

Someday you may not have to remember to plug your smartphone in to recharge it. Scientists are working on clothes that will charge your phone for you, according to the Science Daily website. The fabric contains carbon nanotubes, replacing polyester and other artificial fibers. At present the nanotubes are too expensive to mass produce, but researchers are looking at military applications that may allow soldiers' equipment to recharge—lights, communication gear, and night-vision capabilities.







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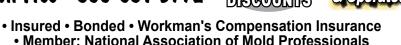
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FREE ESTIMATES









Game changer

It was the bottom of the fourth inning, and the home team was getting slaughtered. The pitcher might as well have been playing for the other team. The bases were loaded, and the visiting team's best hitter was up at bat. Just then a horse walked into the dugout wearing the home team's jersey.

"Put me in," he said to the manager. "Your bullpen is done. I can pitch. I can hit. Just give me a chance!"

"Why not," the manager replied. "It couldn't get any worse."

The horse trotted to the mound and relieved the pitcher. He threw a series of fastballs and quickly struck out the player at bat—and the next one and the one after that. He repeated this performance for the next two innings.

When he finally took his turn at bat, the horse hit a fly ball to centerfield that almost made it out of the park, but it hit the wall and fell to the ground.

The centerfielder grabbed the ball, tripped, and dropped it before picking it up again and throwing it toward the infield. The ball flew over the head of the second baseman and almost knocked out the catcher, who caught it and threw it past first base. The first baseman ran into the field, retrieved the ball, and sauntered back to the base.

The horse was out by five feet. He trotted back to the dugout and took a seat on the bench.

"You're the best pitcher I've had all season," said the manager. "You're a pretty good hitter, too. Not much of runner though, are you?"

The horse looked at the manager and said, "Do you think I'd be here if I was?"

Road rules

Then Jane's car stalled in the middle of a busy intersection, no amount of wishing and praying could get the engine to turn over.

Just as she turned on her hazard lights, the guy in the car behind her began to lay on his horn, and he continued to honk even as other cars began to pull around.

Jane walked back to the other driver and said: "My car won't start and I'm waiting for a tow, but if you think you can get it started, have at it. I'll sit in your car and honk at you."





Call Today to Schedule an Appointment



LIC #CBC1261552

All Under One Roof



WANTED!

ADULTS WHO HAVE ALWAYS DREAMED OF PLAYING PIANO! You Need Not Own a Piano.





October Sudoku

Difficulty level: easy.

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4	2			8		6		
		6				5		
		5	1	6		4		
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	1			7				2

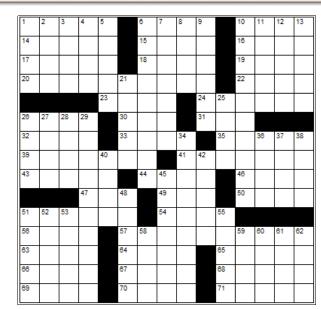


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GOLDEN CREST BULLETIN OCTOBER, 2018 N

ACROSS

- 1. Clearing
- 6. Behold, in old Rome
- 10. Claim
- 14. Bodies of water
- 15. Groan
- 16. False god
- 17. Wall climbers
- 18. Stopper
- 19. Arid
- 20. A decorated dart
- 22. Walking stick
- 23. Indian dress
- 24. Esophagus
- 26. Young cow
- 30. Offer
- 31. Historic period
- 32. Found in some lotions
- 33. Anagram of "Dice"
- 35. Factions
- 39. A porch
- 41. Unyielding
- 43. Busybody
- 44. Tardy
- 46. Cocoyam
- 47. Not her
- 49. Make lace
- 50. Coarse file
- 51. Adorable
- 54. Black, in poetry
- 56. Anagram of "Rave"
- 63. Curtail
- 64. Identical or fraternal
- 65. Flatboat
- 66. If not
- 67. Scallion
- 68. A drama set to music
- 69. Sow
- 70. Makes a mistake
- 71. Assail



DOWN

13. Mixture of rain and	42. Treat for drug
snow	dependence
21. Fanatical	45. Artist's workroom
25. Constellation bear	48. An evergreen shrub
26. South American	51. Shoestrings
rodent	52. Small egg
27. Away from the wind	53. Line of a poem
28. Forsaken	55. Wealthy man
29. Mollycoddle	58. Pitcher
34. Databases	59. Adhesive strip
36. Slang for Father	60. Angers
37. Concludes	61. Monster
38. "Cut that out!"	62. Tidy
40. Found on a finger	-





1. Smooth-tongued

4. Accomplishment

8. Inner membrane of

11. Something to shoot

6. Experimental

2. Magma

3. Related

5. S S S S

7. Clash

embryos

for

9. Captivate

12. Carried

10. Disavowal



57. Repose





EVENTS & PROGRAMS

HOLIDAY BAZAAR 11/10/18 All indoor craft show. First Lutheran Church. Nurserv 1644 Rd.. Clearwater. Vendors; 727-744-3806 or eobrien2429@gmail.com

Bazaar/Community Wide Sale. Clubhouse & Carports. Crafts. Homegoods, Bake Sale, Raffles, 50/50, Music. Regency Heights MHP 2550 SR 580 Clearwater (next to Kohl's). Vendors wanted: 727-265-8515

Paradise Island Annual Craft Fair, Sat. Nov. 3, 2018. Tables, \$10 and \$15. Call Delores at 727-754-5569

10 WORDS for \$8.55 – Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

CRAFT SHOW, Saturday, October 13th, 9am - 3pm, St. Paul United Methodist Church, 1199 Highland Avenue, Largo, FL. 98 Vendors/98 Prizes. Indoor & Outdoor Show. Food Court & Pumpkin Patch. \$1.00 Admission goes toward the homeless.

Art/Craft Sale: Park Royale Mobile Home Park 10611 66th street, 11/17/18 9am-2pm Vendors 727-545-5430

Welcome one and all to our Japanese Garden Art sale and Craft Bazaar. 12/1/18. We still have room for painters as well as crafters. Call: Charlotte, 727-531-3651, for details. A raffle, coffee, and lunch will be available.

Holiday Craft Fair: 11/10/18 Clearwater Cascade MHP 9790 66th St N. - clubhouse Pinellas Park 9am-2pm.

WANTED TO BUY

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

Wanted to Buy: Electric trike or Mobility scooter. Claude 727-223-9064

ARTICLES FOR SALE

Silver Dollar Investors - Collectors 1878-2018 must see. 727-317-3005

NOVEMBER AD DEADLINE - OCTOBER 10, 2018

 Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH. GOLDEN CREST BULLETIN OCTOBER, 2018 N



Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over \$144,800 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid receipt</u> to us at Monthly Media • 220 Bahama St. • Venice, FL 34285. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:	
Ben Brubaker	Charles Goas \$5 Doll Brothers Carpet Cleaners
Norman Shuff \$10 Royal Enterprises	Joan Hermann \$5 Nature's Resource Pest Control
Terri Campbell \$10Imperial Electric Service of Pinellas	Larry Shutske
Voilet McMahon \$10 Rick's Appliance Repair	Jacquine Smith \$5 Haseney Electric Services, Inc.
Ed Perella \$10 Air Masters of Pinellas, Inc	Ruth Heyza
Judith Bennett \$10 Boss Electric Corp.	Linda Williams \$5 Appliance Specialty
Lou Ann Gatton \$10 Bob's Mobile Hoome Washing	Jim Padgett \$5 Jones & Sons Plumbing, Inc
Rene Dean	Teresa Joseph \$5 Buggin Out Pest Control
James Ververis	Linda Franco
Cheryl Clark \$10 Jones & Sons Plumbing, Inc	Alice Jarvis \$5 Ron Wyngarden MH Washing
Gail Marquis \$10 Appliance Specialty	Ron Deer \$5 Hellers Mobile Home Washing
Debby BurKey	Sharon Anderson \$5 1st Class Handy Man Service, Inc.
Gary Cornely \$10 Doll Brothers Carpet Cleaners	Richard Yatuni \$5 Air Masters of Pinellas, Inc
Kammie Tipton \$10Bill The Carpet Guy	Judy Brady \$5 1st Class Handy Man Service, Inc.
Ruth Young \$5 Discount Computer Repair	Patrick Rosenheim \$5 Jones & Sons Plumbing, Inc
Susan Halloran	Patricia Schmitz
Carol Vensrim \$5 Imperial Electric Service of Pinellas	Geri Allen \$5Imperial Electric Service of Pinellas
Ann Difeo \$5	Velma Bouxsein \$5 Doll Brothers Carpet Cleaners
Tommy Bradley \$5 Jones & Sons Plumbing, Inc	Patricia Lardi \$5 Air Masters of Pinellas, Inc
Heather Deitch	Christine Swank
Susan CraigRod Runners	Pat Belbin
Donna Fluno \$5Palm Harbor & Dunedin Electric, Inc	Maryann Delzer
Jerry Dixon \$5 Appliance Specialty	Richard Daw \$5Battleline Termite & Pest Control
William Pisano \$5 Heller's Moble Home Washing	Darline Kaiser \$5 Discount Computer Repair

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify

No purchase necessary • Contest void where prohibited by law •Tickets available at participating Monthly Media advertisers.

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